

YIELD
Philippians 2:1-5, 13-15

Memory Verse: *“Do nothing out of selfish ambition or conceit, but in humility consider others as more important than yourselves..”* [Philippians 2:3]

Question: How should I respond to the needs of others?

Truth: Humbly place the needs of others before your own.

Background: Paul writes to the church at Philippi while he is imprisoned in Rome. It is a joyful epistle to thank them for their love and support. He also urges them to remain loyal to Christ. The church had been established while Paul was on his second missionary journey. Paul encouraged them to remain focused on sharing the gospel and treating one another with compassion, kindness and always showing love.

Definitions:

Yield – give way to arguments, demands, or pressure.

Humility – a modest or low view of one’s own importance. Humility is not weakness or a poor self-image. Humility is a healthy balanced view of ourselves, a recognition of our strengths and weaknesses.

Conceit – excessive pride in oneself.

Perverted – characterized by sexually abnormal and unacceptable practices or tendencies.

Lesson Outline:

- I. **Humbly Look Out for the Needs of Others [Philippians 2:1-4]**
- II. **Jesus Is Our Example of Humility and Submission [Philippians 2:5]**
- III. **Live Humbly Without Grumbling, Complaining, or Arguing [Philippians 2:13-15]**

Scriptures:

“And He said, /truly I tell you unless yiu change and become like little children, yiu will never enter the kingdom of heaven. Therefore, whoever takes the lowly position of this child is the greatest in the kingdom of heaven.” [Matthew 18:3-4]

“Humble yourselves before the Lord and He will lift you up.” [James 4:10]

“For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.” [Luke14:11]

“Wisdom’s instruction is to fear the Lord, and humility comes before honor.” [Proverbs 15:33]

“He has shown you, O man, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.” [Micah 6:8]

“Humble yourselves, therefore, under God’s mighty hand, that He may lift you up in due time.”
[1 Peter 5:6]

Key Points:

1. Even imprisoned, Paul was joyous. Believed his aim and purpose was to glorify God.
2. Paul's plea was for unity in the Body of Christ
3. Jesus willingly surrendered His deity to die on a cross for us.
4. Adopting Jesus' attitude means we are "like-minded".
5. Believers must continue obeying God's instructions and commands in His Word.
6. Believers face a huge challenge in trying to live out our calling in a dark world.

Questions:

1. When it comes to putting the needs of others before your own, do you choose certain people or are you open to helping anyone? Explain.
2. Have you ever been guilty of displaying "false humility?" Explain.
3. Has the Holy Spirit helped transform your life/behavior from past messy relationships where you would grumble, complain and/or argue? Explain.

Spiritual Truths:

1. As believers our attitude should be the same as Jesus'.
2. Unity in the Body of Christ takes place when we elevate others rather than ourselves
3. God exalts us when we live in service to others.
4. Adopting Jesus' attitude unites us and helps us avoid those things that divide us.
5. God's plan for us is to avoid grumbling and complaining and to help others grow and shine in their relationship with Him.