



GREENFOREST COMMUNITY BAPTIST CHURCH
August 16 – August 31, 2009 ANNOUNCEMENTS

JOURNEY TO WELLNESS: The Year of Implementation
STANDING FIRM ON THE WORD ~ STAYING FOCUSED ON THE MISSION



JAMES "JAY" WILSON
STRAIGHT FROM THE HEART ANNUAL WALK/RUN



Lace up your shoes! It's time for the Annual D&TSC Walk/Run! The Dialysis and Transplantation Support Services Center will host the 2009 James "Jay" Wilson Straight From the Heart 5K Walk/Run on Saturday, September 12, 2009 at Greenforest. The Walk/Run pre-registration will begin Sunday, August 2, 2009. Everyone is invited to participate as either a runner or walker. This year, "Teams" will be recognized. So, encourage your ministry members, Fulfillment Hour Class, sorority sisters or fraternity brothers to sign up and participate in the Walk/Run as a team. Challenge teams from rival Alma Mata's (such as FAMU & TSU), different states (NY vs SC), or city teams (Lithonia vs Decatur) -- even Fulfillment Hour classes can enter into friendly competition, as well. Let's make this year's Walk/Run an event that supports the cause of raising awareness on renal diseases while also promoting physical wellness and fun. For more information and to find out how to enter your team, please call 404 243-7600 or stop by the pre-registration table each Sunday preceding the event.

WOMEN'S DAY 2009

**"Women Fulfilling God's Generational Covenant:
Teaching, Training and Mentoring"**



Women's Day 2009 will be celebrated Saturday and Sunday, September 12th & 13th. Join us as we explore the theme "Women Fulfilling God's Generational Covenant: Teaching, Training and Mentoring". The scripture reference is Titus 2:1-5.

The Saturday session begins at 9:30a.m. There will be break out groups covering the topics covered in the "Spiritually S.A.S.S.Y." (Serious About Serving the Savior, Yes). The author of the book, Sis. Kim Hardy will be the Keynote Speaker. The seminars are: Marriage and Sharing; Singleness and Sharing; Growing Older and Sharing; Girls and Teens Sharing regarding behavior, dating, clothing and bullying.

Attendees are asked to contribute towards lunch by bringing the following lunch items: Participants whose **last name** begins with A thru H—should bring meat; I thru P should bring salad/side dish; Q thru Z—should bring dessert. To contribute to our combined missions' project, please bring a wearable outfit to donate to a homeless woman's charity. Sis. Kim Hardy will also serve as Sunday's dynamic guest speaker.



Adult Division Fulfillment Hour Lessons

Unit 3: "Pushing Back"
Lesson 3
August 16, 2009
"Courage To Stand Alone"
Daniel 3:8-18, 24-28
Lesson 4
August 23, 2009
"Influencing The Next Generation"
Proverbs 4:3-7, 11-15, 18-23
Lesson 5
August 30, 2009
"My Influence on Others"
Matthew 5:3-16; 1 Peter 3:11-17

Youth Division Fulfillment Hour Lesson

Unit III: Peer Pressure Squeezed
Session III
August 16, 2009
"Resisting the Crowd"
Hebrews 11:24-26; Romans 12:1-2
Session IV
August 23, 2009
"Influencing the Crowd"
1 Timothy 4:12
Session V
August 30, 2009
"Who Cares"
I Thessalonians 1: 5-8; Matthew 5:14-16

Children Division Fulfillment Hour Lessons

August 16, 2009
"Paul and Silas in Prison"
Acts 16:16-34
August 23, 2009
"Paul Spoke to the King"
Acts 25:13-26; 32
August 30, 2009
"Paul Went to Rome"
Acts 27-28 (selected passages)

GCBC Major Events Calendar August-Sept '09



August 19 & 26, 2009
Worship on Wednesday
(WOW)

August 22, 2009
Holy Spirit Discernment Session

September 12, 2009
James "Jay" Wilson
"Straight From The Heart Walk/Run"

September 12 & 13, 2009
Women's Day Weekend

HOLY SPIRIT DISCERNMENT SESSION

The next Holy Spirit Discernment Session will be held on Saturday, August 22, 2009. Please be sure to join us in the ELC Genesis Room at 8:45am (promptly) so we can end by 11:45am.

NEW MEMBERS GRADUATION

On Sunday, August 23rd, at the 10:45am service, the new members who have completed the New Member Orientation process during the 1st half of 2009 will graduate! Please join us at the graduation ceremony to witness and congratulate them on their achievement.



Musicians Needed

Power Hour Youth Worship Service

The Worship Team is currently soliciting the interest of musicians to form a contemporary worship band for the Power Hour Youth Worship Service. Instrumentalists needed are: keyboardist, bass guitarist and drummer. If you are or know individuals who are interested, please contact Sis. Shirley Pearson, Worship Team Leader or Bro. Derrick Summerville, Assistant Worship Team Leader for details.

WOW

(WORD Expressed in **Worship on Wednesday**)

During the month of August, the congregation is invited to assemble in the Sanctuary each Wednesday night at 7:30pm to experience the Word of God Expressed in Worship on Wednesday (WOW Series).

The Church world-wide is undergoing a transformation as God is renewing worship among His people. Pastor Mitchell will bless us as he guides the Greenforest congregation through a thematic study of "Worship" - exploring its historical and present day biblical implications.

Each week, the Deaconship will lead us in devotion and we will immediately delve into a refreshing study of the Word. Bring your bibles, pencils and notepads. This will be a teaching/learning experience you don't want to miss. Join us for this powerful series that we pray will give us spiritual insight and bring us "back to the heart of worship"

[GREENFOREST FACEBOOK/TWITTER](#)

Become a FAN of the Greenforest Facebook & a Follower of the Greenforest Twitter. Visit the greenforest.org homepage and click on the Facebook and Twitter icons. Join the excitement and help spread the word about the great things that are happening here at the Forest. You can also check us out on Youtube by clicking on the Youtube Icon.

GREENFOREST GOLF CLASSES

Beginning on August 22nd and continuing for ten (10) weeks, golf classes will be held each Saturday morning from 10:00am to 12:00noon. Classes will be offered for Beginner, Intermediate, and Advanced Golfers, also short game and putting. To register, please call Coach Perry at 404 484-0479 or Mike McCalep at 770 716-8971.



WOMEN'S DAY CHOIR 2009

You are invited to join the Women's Choir for a wonderful weekend of prayer, praise, fellowship and singing. **All GCBC women are encouraged to join us. You do note need to be a member of a choir.** The rehearsal schedule is listed below. For additional information concerning the Women's Choir, contact Sis. Shirley Pearson, Worship Team Leader @ 404 486-6742.

WOMEN'S DAY CHOIR SCHEDULE

Tuesday, August 25 @ 7:00pm
Tuesday, September 1 @ 7:00pm
Saturday, September 5 @ 12:00noon
Tuesday, September 8 @ 7:00pm
Thursday, September 10 @ 7:00pm
Saturday, September 12 @ 2:00pm

HEALING FROM THE HEART

Dr. Betty Dillon, DDS hosts her 2nd Annual Dentistry from the heart which consists of Dentists giving free dental services. These services include extractions, cleanings, orthodontic consultation & school screenings. (*Ages 12 and up except for school screenings*). This year, medical doctors will offer HIV screening, blood pressure checks, immunizations, and other screenings. Come one and come all on **August 22nd from 9am -4pm** at the office of Dr. Betty Dillon located at 900 N. Hairston Rd. For more information please call, 404 294-8500.

REMINDER

Please remember to call the church office if you experience death or hospitalization in your family. We want to acknowledge you during your time of bereavement or illness. It is important that the church office receive the information promptly in order to make the appropriate contacts and acknowledge/support your family during this difficult time.

ATTENTION!

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What are you doing on Saturday mornings? Why not learn a new language American Sign Language!!! Are you curious or serious??"

The Greenforest Deaf Ministry will be starting a **"BASIC BEGINNING Sign Language Class"** for those interested in learning this fascinating language. Have you ever wanted to know how to sign, "Hello, my name is ___", "How are you?", "Do you know Jesus?", "May I pray for you?" and many other phrases to a deaf person, well this is the course for you.

Join our very own Sign Language Interpreter and teacher, Alan L. Sherman, here at Greenforest for EIGHT Saturday's. Classes began August 1, 2009. Bro. Sherman promises participants will learn about Deaf History, Finger spelling, Numbers, Greetings, Relationships, Facial & Body Grammar, as well as, everyday vocabulary and religious signs.

The class will be held from 10am - 12noon in Building 1 / Room 15. Be sure show up on time and be ready to flex your fingers. There are a lot of deaf people who do not know Jesus Christ and how will they learn if WE cannot communicate and share the gospel of Christ with them.

Please sign up for this class by emailing Bro. Sherman at HandsOnClass@yahoo.com or by calling him at 770-833-0172 or simply come to class.

Bro. Sherman asks that you remember these 6 words as you decide whether to take this class:

"PREVENT NOISE POLLUTION ...LEARN SIGN LANGUAGE!!"



THE PASTOR'S CUP WEIGHT LOSS AND FITNESS CHALLENGE

The Pastor's Cup Fitness Sessions are in full swing!

- Walk It out 6:30pm
Monday, Tuesday, Thursday, Friday
Greenforest Campus-meet at the Gym
- Faith & Fitness Challenge-Work out each Monday at 6:00pm at the Gym
- Dancercise Tuesday @ 6:00pm & Saturdays at 11:00am
- Line Dancing Fridays @ 7:00pm

Members of the Pastor's Cup Fitness Team are gearing up to participate in Dekalb County's 2009 Faith and Fitness Challenge. The event is a fitness competition among Dekalb County churches, Worship Centers, and faith-based groups. Help the Greenforest team by participating. Team members work out with a personal trainer every Monday at the gym at 6:00 p.m. The final Showdown will be held September 19th at Shoal Creek Park II.

BOWLING

It is that time again for bowling. Greenforest community Baptist church has once again teamed up with First



Clarkston Baptist church to begin the 2009-2010 bowling season. The league will hold its first team meeting on September 18, 2009, @ 7:00pm at Suburban Lanes. The bowling season will commence on September 25, 2009, @ 6:30pm and will consist of 25 weeks of bowling. Participants must be 18 years or older and no experience is required. All interested parties should contact Monica Ryan @ 404 556-3908 or Albert Lyles.