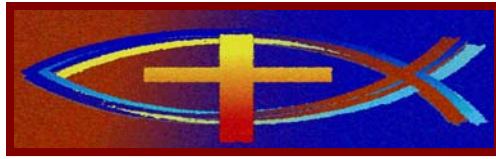


January 2012 Adult Fulfillment Hour Lesson Summaries



HAPPY NEW YEAR

Units II: “Spiritual Checkup—Balanced Spiritual Health”

Spiritual growth is a continuous, non-stagnant process, not an end. This unit is a spiritual assessment to help you determine if you are growing in a balanced, spiritual way. As you study this unit, allow the Holy Spirit to do a thorough examination of your spiritual life and be willing to obey Dr. Jesus' orders so that you can live that honors and glorifies God.

NOTE: We have Adult FH Assembly on New Year's Day in the Main Sanctuary at 9:30 – 10:30 AM.

Directions: To open the commentary for each lesson, right click on “commentary” located on the lower left of each box, arrow down and left click on the “open hyperlink” option. Open the document and click on the folder to see the lesson commentaries.

Session I: January 1, 2012 Title: “Stay Connected to the Source”



The Question: *What are some evidences that I am Connected to God?*

The Point: To remain spiritually connected, we must maintain a fresh relationship with God.

Background Scripture: John 15:1-10

Focal Passages: John 15:1-4, 7-10

Memory Verse: “...Love the Lord your God with all your heart, with all your soul, with all your strength. The second: Love your neighbor as yourself. There is not other commandment greater than these” (Mark 12:29-31).

[Commentary](#)

Session II: January 8, 2012 Title: "Act Like You Belong to the Family"



The Question: *What does it mean to be apart of God's Family?*

The Point: Because we are connected to God, He expects us to connect to others in authentic Christian community.

Background Scripture: Acts 2:14-47

Focal Passages: Acts 2: 41-47

Memory Verse: "...Love the Lord your God with all your heart, with all your soul, with all your strength. The second: Love your neighbor as yourself. There is not other commandment greater than these" (Mark 12:29-31).

[Commentary](#)

Session III: January 15, 2012 Title: "Find Your Place and Serve"

A Life Of Full Service

HEART -- Emotional Service! Must Be Pure -- Mt. 5:8; Jam. 4:8; Heb. 4:12 How Purified? -- Rom. 10:10; 6:17-18 Speaks -- Matt. 13:34-35 Serves -- Eph. 4:2-4; 2 Tim. 2:22 Advice -- Prov. 4:23; 1 Tim. 1:5	MIND -- Mental Service! Must Be Pure -- Rom. 1:28; 8:5-6; Phil. 2:5 How Purified? -- Acts 17:11; Eph. 4:23 Serves -- Acts 20:19; 1 Pet. 5:2; Rom. 7:25; 2 Cor. 8:12 Protected -- Phil. 4:7; 2 Cor. 10:4-5
STRENGTH -- Physical Service! Must Be Pure -- Rom. 7:18, 24; Rom. 8:13 How Purified? -- Rom. 8:10; Gal. 3:27; 2:20 Serves -- 2 Cor. 4:10; Gal. 6:17; Phil. 1:20 To Be Raised -- Phil. 3:21; John 5:28-29; 1 Cor. 15:52-44	SOUL -- Spiritual Service! Must be Pure -- 1 Tim. 5:22; Ezek. 4:20 How Purified? -- Psa. 19:7; James 1:21; 1 Peter 1:23; 1 Jo. 3:3 Serves -- Matt. 4:10; 22:27; Mark 12:30-31 Importance -- Mark 8:36-37; Matt. 10:28 Completeness -- 1 Tim. 4:8; 1 Peter 2:25 End of Faith -- 1 Peter 1:9
	NEIGHBOR -- Social Service! Must Be Pure -- Luke 12:1; 1 Cor. 5:6-7; Matt. 5:14-16 A Pure Example -- 1 Tim. 4:12; 1 Pet. 2:11 Social Service -- Matt. 10:42; 25:35-44 Good Samaritan -- Luke 10:25-37; Gal. 6:10 Our Care for Others -- 1 Cor. 12:25

The Question: *Why should I be more than a pew member?*

The Point: God intends for Christians to serve Him alongside other believers in the local church.

Background and Focal Scripture: Philippians 2:19-30

Memory Verse: "Based on the gift each one has received, use it to serve others...so that God may be glorified through Christ in everything...(1 Peter 4: 10-11)

[Commentary](#)

Session IV: January 22, 2012

Title: "Grow Up"



The Question: *What is required for me to grow up spiritually?*

The Point: Christians are supposed to grow spiritually but it does not happen automatically.

Background Scripture: 2 Timothy 3:1-17

Focal Passages: 2 Timothy 3:1-5, 10-12, 65-17

Memory Verse: *"Don't be conformed to this world but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing and perfect will of God" (Romans 12:2).*

[Commentary](#)

Session V: January 29, 2012

Title: "Go and Tell Somebody"



The Question: *I know I should tell others about Jesus, but will I?*

The Point: Spiritually healthy Christians tell others what Jesus has done for them.

Background Scripture: Mark 5:1-20

Focal Passages: Mark 5:1-4, 6-8, 18-20

Memory Verse: *"Go therefore and make disciples of all nations, baptizing them in the Name of the Father, and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age." (Matthew 28:19-20)*

[Commentary](#)